

A N N U A L
N A R R A T I V E - R E P O R T

for

COCHISE COUNTY

Mrs. Maryetta Gaskill

County Home Agent

December 1, 1955

to

November 30, 1956

TABLE OF CONTENTS

	Page
Attendance at Project Meetings Held in 1956	1
Report Summary	2-3
Extension Organization and Planning	4-24
Organization	4-5
Program Planning	5-6
County Council	6-12
Spring Meeting	6-8
Fall Meeting	8-12
County Fair	13
Judging at Fairs	13
National Home Demonstration Week	14
Country Life Conference	14
Miscellaneous	14-24
Annual Conference	14
Information Program	15-24
Samples of Circular Letters	17-21
Samples of News Articles	22-24
House and Surroundings	25-28
Potted Plants	25-26
Home Beautification	26-28
House Furnishings and Equipment	29-34
Pictures In the Home	29
Color in the Home	30-32
Learn to Upholster	33
Home Management and Economics	35
Clothing	36-44
Construction Finishes for New Fibers and Finishes	36-38
Construction Details for a Professional Look	39
Fabric Selection	40
Mending, Darning and Reweaving	40
Making the Best Use of Your Sewing Machine	40-41
Dress Forms	42-43
Foods and Nutrition	45-50
Making Salads	45-48
Simple Easy Desserts	48-49
Health ,	51
Family Life	51
Community Development	51-52
Civil Defense	52

	Page
Outlook and Recommendations	53-54
Furnishings and Equipment	54
Clothing	54
Foods and Nutrition	54
Community Development	54
4-H Project Summary	55
Clothing	55
Meal Planning and Preparation	55
Freezing	55
Room Improvement	55

Attendance at Project meetings held in 1950, Cochise County

Maryetta Gaskill
Cochise County
1956

1.

A--Project pres- ented by Agent	Program Plann- ing	Salads	Color in the Home	Color in the Home	Color in the Home	2nd Meeting	Potted Plants	Cons. Details New Fibers & Finishes	Desserts	Cons. Details Professional Look	Dress Forms	Learn to Upholster	Best Use of Sewing Mach- ine	Others
NP--Club did not participate	A-15	6L-12	A-16	3L-18	Tate-16	3L-16	for 1957					a-6 A-5 2Hoss.		
NR--Club did not report attendance	A-10	3L-11	A-6	2L-11	Tate-7	1L-10	Bul.dist.	A-17				a-8 a-3 a-5		
Cochise Pioneers Club	A-9	1L-11	A-4	1L-7	Tate-6	1L-8	2L-5	A-10						
Double Adobe Homemakers	A-12	2L-15	A-15	1L-12	Tate-5	1L-7	2L-6	A-8						
Rucker Canyon Homemakers	A-26	NP	A-26	2L-19	Tate-7	NP	NP	A-20						
San Pedro Valley Homemakers	A-18	4L-19	A-24	2L-21	Dup Tate-21	2L-17	Bul.dist.	A-20						
Sew What? Club	A-14	3L-12	A-7	3L-10	Tate-9	4L-7	Bul.dist.	A-18						L- Flowers
Silver Creek Homemakers	A-12	2L-12	A-11	2L-12	Dup Tate-21	2L-12	2L-14	A-13						
Stewart Homemakers	A-13	1L-7	A-12	2L-7	H.B. Tate-7	NP	1L-7	A-12						A- Baskets
Westside Club			A-18	A-15	Tate-18	2L-7	2L-7	A-5					A-8	
Sulphur Spring Homemakers							A-13							
Elfrida Homemakers														a-4 M.D.R.
Frontier Homemakers														A-40 Fab.Sel.
Dos Cabezas Homemakers														
Benson														
Bisbee Relief Soc.														
St. David & Pomerene LDS														
	9A-129 9C oms.	22L-99 8 C oms.	10A-139 10 C oms.	18L-132 10 C oms.	1L-17 9 Tate- 96	16L-84 8 C oms.	12L-54 6 C oms. 3 Bulls. dist.	11A-159 12 C oms.	9A-59 5 C oms. 19 D.F. 18 Comp.	5A-27 2 C oms.			3A-25 3 C oms.	

REPORT SUMMARY - December 1, 1955 to November 30, 1956

Days spent in conducting work with adults 157
Days spent in 4-H Club Work 122

Adult work was presented in 16 communities by means of the following:

- 12 Homemakers Clubs
- 3 Relief Societies
- 1 Community organization

The spring meeting of the Cochise County Council of Homemakers was held February 20th at the Woman's Club in Willcox. 34 homemakers from 9 communities attended.

44 homemakers from 7 clubs attended the fall council meeting held September 20th at the Woman's Club in Douglas.

The Agent held or participated in 69 meetings with 952 persons attending. 75 homemakers attended 8 leader training meetings conducted by the Agent or Extension Specialists. 85 meetings were conducted by local leaders with a total of 1226 homemakers in attendance.

41 persons from 6 communities attended the countywide picnic held May 20th at the Wonderland of Rocks. The picnic is held in commemoration of National Home Demonstration Week.

Subject Matter

House and Surroundings - The Extension Horticulturist presented 8 meetings on potted plants and one home beautification meeting. 91 homemakers from 9 communities attended the potted plants meetings; 7 attended the home beautification meeting.

House and Furnishings - The 1956 countywide homemaking program in this field consisted of a series of two meetings on "Color in The Home". The Agent presented the first meeting to 139 homemakers in 10 communities; 18 leaders presented the second meeting to 132 homemakers in 10 communities. A total of 13 homemakers from two communities took part in the special interest project, "Learn to Upholster". Six hassocka were made.

Clothing - Countywide projects selected for 1956 by Cochise County homemakers were "Construction Finishes for New Fibers and Fabrics" and "Construction Finishes for a Professional Look". 16 leaders from 8 communities presented this first project to 84 homemakers. The Agent presented

Maryetta Gaskill
Cochise County
1956

3.

the latter project to 159 homemakers from 12 communities. 19 homemakers from 5 communities made dress forms. 18 of these forms were completed and mounted on standards. The Agent presented the project "Making the Best Use of Your Sewing Machine" to 3 communities. 25 homemakers were in attendance. Also presented by the Agent were the projects "Mending, Darning and Re-Weaving" and "Fabric Selection". 4 people were present at the first meeting and 40 persons were present at the latter.

Food Selection and Preparation - The "Salad Making" project was presented by 22 leaders to 99 homemakers in 8 communities. 12 leaders presented the "Simple, Easy Dessert" project to 54 homemakers in 6 communities (3 additional clubs distributed the subject matter material among their members.

Recreation and Community Life - All groups plan and hold special Christmas activities; most groups have one or more picnics during the summer.

A total of 158 home visits were made. There were 232 office calls and 142 telephone calls. 63 news articles were prepared and distributed to 6 newspapers and 2 radio stations.

EXTENSION ORGANIZATION AND PLANNING

Organization

There are 11 active homemakers clubs in Cochise County.

Cochise Progressive Pioneers - This is a well established club. They are always represented at leader meetings and other county events. This group has assimilated newcomers very well and made them a part of their club and their community.

Double Adobe - This group is largely composed of young mothers with young children. They are an active aggressive group. They are vitally interested in their community and school so that their business meetings frequently sound as if a P.T.A. or a Chamber of Commerce was in session.

Elfrida - This group of younger women was organized in March of 1956. They are interested in homemaking but, as an organized group, they seem to lack leadership and a common bond. There was apparently no particular reason why they did or did not attend regular meetings.

Rucker Canyon - This small group of ranch women grows smaller through the years as smaller ranches are absorbed by larger ones and as ranches need fewer cowhands. Attendance at their meetings is smaller but this attendance represents the majority of the residents of their area. The Agent regards the Rucker Canyon club as a good, stable group.

San Pedro Valley - This is a fairly young homemakers group. It's members assume leadership responsibilities well; they attend leaders meetings and other county events. They are interested in all phases of home-making and they are willing to work to make a project a success.

Sew What? Club (Portal) - this is a strong, well organized group of women. The members have varied backgrounds; some are from farms, some ranches, some are urban, some are retired and some are folks who made their money elsewhere and came to the Portal area to find a better way of life. They are independent and responsible. If they choose to participate in the Extension Program, they do so; If the Extension Program is not of interest to them, they take care of themselves.

Silver Creek - This group had it's origin in the ranching area northeast of Douglas, but it has since moved to Douglas and is now largely urban in membership. The Silver Creek homemakers are an active group; they participate in nearly all phases of the Extension Program and also carry on their own program in crafts, health and safety, recreation and community service.

Stewart - This group has once again secured a club house in the Stewart area and, as a result, their club which was nearly dead has come back to life.

Sulphur Springs - In her 1955 report, the Agent stated that this group was inactive. It still is, but it's still an organized group. New residents are taking a more active interest in the club and there is hope that this group (reported to be the oldest club in the state) may survive.

Westside - If this group is not careful they may die of old age. They have been slow to accept younger members because they have not carried their share of the load. They seem, now, to be aware of their need for new and younger members. Most of the members are urban. They are a responsible group, and give strong support to projects which are of interest to them.

Dos Cabezas - In early 1956 this new group got underway with a small membership of which 4 were really interested. When two of these women took a job in Willcox and the other two moved away, the club ceased to exist.

Frontier - This group was inactive as a homemaker's group for exactly two years. They took part in one 1956 Extension project and made tentative plans for participating in the 1957 program.

Program Planning

Local

During January and February the Agent assisted 9 homemaker groups with program planning. 129 homemakers were in attendance and 161 yearbooks were distributed. Clubs assisted were: Cochise, Double Adobe, San Pedro Valley, Sulphur Springs, Westside, Silver Creek, Sew What? Club, Rucker Canyon and Stewart. The Elfrida Homemakers group was assisted with program planning at their March meeting. The Dos Cabezas group did not progress to the program planning stage. Mrs. Hilda Stutzman, L.D.S. Stake Work Chairman, was contacted and the Extension Program discussed and explained.

Method of Procedure:

1. The mailing list was checked and brought up to date.
2. Items of business to be considered at the Spring Council meeting were reviewed.
3. Yearbooks were filled out
 - a. officers and project leaders for 1956 were recorded.
 - b. meeting places were designated.
 - c. projects and activities for 1956 were calendarized.
 - d. suggestions were made for open meetings.
 - e. leaders' report forms were discussed.

Results, Observations and Evaluations:

1. Every group was interested in the special interest project on potted plants.

Results, Observations and Evaluations:,cont.

2. The 1956 program was outlined in such a way that groups participating in all phases of the program will have their "open" meetings during the summer.
 - a. attendance drops sharply during these months due to vacations and the extra heavy load of farm work.
3. Sulphur Springs homemakers met for program planning. Their interest was mainly crafts. They planned to participate in the projects presented by the Agent. No project leaders were named. Interested homemakers planned to attend leader meetings.
4. Mrs. Stutzman promised to present the Extension Program to the Wards in Cochise County. Ward leaders were to be invited to attend leader meetings.
 - a. Cooperation with L.D.S. groups proceeded with difficulty throughout 1956.
 1. Their work chairmen were invited to all leader meetings but none came.
 2. Dates which were set for the Agent to meet with L.D.S. leaders were cancelled several times and re-scheduled.

County Council

Spring Council Meeting

During December the Agent met with the Executive Board to make preliminary plans for the Spring Council meeting. The following items were discussed and the following action taken:

1. Rural Library Service: Two members were to be replaced on this council committee. Mrs. E. C. Hill, Sr. resigned and Mrs. E. J. English was teaching school. It was suggested that these women represent one of the three Supervisor's Districts.
2. First Aid: The availability of trained instructors was to be checked.
3. Civil Defense: It was suggested that a Civil Defense speaker attend the Spring Council meeting to explain Civil Defense programs and activities as they pertain to homemakers, and to launch a homemaker program in this regard. Mrs. Dawson, Mrs. Hill and the H.D.A. were appointed to contact Mr. John Pintek, County Civil Defense Director in this regard.
4. County Fair: It was suggested that a schedule be prepared assigning clubs to the responsibility of all homemaker booths for a given time.
5. Nominating Committee: It was suggested that this committee represent San Pedro Valley, Rucker Canyon and Sew What? as well as the north end of the county.

Spring Council Meeting, cont.

6. Plans for Achievement Program at Fall Council: The type of program we have will need to be decided at the Spring Council meeting. Some possibilities are —

- a. card table exhibits from each club
- b. a skit or stunt by each group
- c. everybody attending compete in one contest, such as, a Cake Decoration Contest.

d. It was also suggested that we have a speaker. The Douglas Probation Officer was suggested.

7. Iron Lung Committee: It was suggested that the existing committee be called the "Iron Lung Management Committee." Four people are to be added to this committee; two to a finance committee and two to the management committee. The finance committee to receive and disburse funds as authorized by the management committee. Members of this committee to be permanent.

8. Other business to be taken up at the Spring Council meeting:

- a. Dues
- b. Spring Fling - Where? Hostess? When?
- c. Arrangements for Fall Council

During January further preparations for the Spring Council meeting were made as follows:

1. The meeting place and luncheon arrangements: Willcox Womens Club with the luncheon to be catered by the Episcopal Guild. These arrangements were made by the Cochise and Stewart groups.
2. Further preparations for the program were made with the Council officers.
3. Homemakers were notified of the Council through the February Homemakers Letter.

34 homemakers from 9 communities (Cochise, Double Adobe, Elfrida, Dos Cabezas, San Pedro Valley, Stewart, Silver Creek, Sew What? Club, and Westside Club) attended the Spring Council meeting held February 20th at the Woman's Club in Willcox.

Carry G. Page, County Agricultural Agent, represented the Extension Service when the Agent was unable to attend due to illness.

Mrs. R. W. Hill, Council President, conducted the meeting and assumed responsibility for assistance ordinarily performed by the Agent.

Hostess club for the day was the Stewart Homemakers Club who made arrangements for the meeting place and the luncheon. The Willcox Episcopal Guild catered the meal.

Spring Council meeting, cont.

Method of Procedure:

1. Mrs. Maurice Dawson, Council Vice President, and Mrs. Geo. Chamberlain, Council Secretary, took care of registration.
2. Civil Defense as it pertains to the rural homemaker was the featured program. Mr. John Pintek, County Civil Defense Director, presented a movie and discussion.
3. The major topics discussed in the business meeting were as follows:
 - a. Report on the "Arizona Sings" songbook fund --
Authorization was given to place the songbook on sale at 25¢ each in commercial book stores, the book stores to collect 10¢ for selling the book and 15¢ to be forwarded to the Songbook Fund.
 - b. Arrangements for the annual picnic commemorating National Home Demonstration Week --
The picnic to be held in the Wonderland of Rocks. Sulphur Springs Homemakers to be hostesses.
 - c. Rural Library Service --
Mrs. Kenneth Gunter discussed a proposed law for securing rural library service. Mrs. Roy Rambo was named to the library committee replacing Mrs. E. C. Hill, Sr., Double Adobe, who resigned.
 - d. County Fair --
It was agreed that a schedule of "booth sitters" be drawn up by Mrs. Walter Swaggart, Chairman of Homemakers Booths, making each exhibiting club responsible for all homemakers booths at the fair for a designated period of time.
 - e. Mrs. Lou Rice, Silver Creek, was appointed to the Iron Lung committee. This is a permanent committee. Mrs. Rice is an added member.

Fall Council Meeting

The executive board of the Cochise County Homemakers Council met Saturday, August 21st to make plans for the Fall Council meeting. All council officers were in attendance.

Method of Procedure:

Business was conducted as follows:

1. The program for the day was outlined and personnel for conducting the program were named.

During August program planning information was sent to project leaders, club presidents, and secretaries, and Relief Society Work Chairmen. Information contained in these letters was as follows:

- a. Situation, outlook and trends.
- b. Topics selected in 1955 for 1957.
- c. Instructions on program planning procedure at a local and county level.

Fall Council Meeting, cont.

44 homemakers from 7 clubs attended the Fall Council meeting. Miss Jean M. Stewart, State Leader of Home Economics Extension, and Miss Barbara Freece, Assistant Home Agent, attended the meeting. Mr. Carney G. Page, Cochise County Agent, attended the business meeting.

Method of Procedure:

1. A copy of the program for the day is attached.
2. Project leaders represented their clubs in the selection and discussion of topics. This procedure was begun in 1955.
3. Mrs. Alice B. Nalley, Juvenile Probation Officer, spoke on the handling of juvenile cases.
4. A number of homemakers and homemakers groups brought exhibits to be judged and evaluated in preparation for the County Fair. Miss Jean M. Stewart, State Leader of Home Economics Extension, judged and evaluated the exhibits.
5. Due to a death in the family of Mrs. R. W. Hill, Council President, and in the absence of Mrs. Maurice Dawson, Council Vice President, Mrs. Walter Swaggart, Council Treasurer, was appointed to preside at the business meeting.
 - a. In preparation for the council meeting, the executive board put every known item of business into the form of a resolution. A list of these resolutions was sent to all homemakers groups so that local groups were able to consider them before the council meeting. Action was taken as follows:
 1. The executive board of the council was empowered to act as a resolutions committee.
 2. Cochise County homemakers groups were divided into three groups (rather than two) for the purpose of selecting Council officers and conducting other Council business. The groups are as follows:

Group I All homemaker groups in north Cochise County:
This area to extend east through San Simon, west through Benson and south along the western slope of the Chiricahua Mountains through Pearce.
(Existing clubs in this area are - Stewart, Cochise Progressive Pioneers and Sulphur Springs).

Group II All homemakers groups in the western and central part of Cochise County:
This area to extend south along the western slope of the Chiricahua Mountains through Double Adobe, west through Fort Huachuca, and north through Tombstone. (Existing groups in this area are - Elfrida, Rucker Canyon, Double Adobe, and San Pedro Valley).

Fall Council Meeting, cont.

Group III All homemakers groups in southeast Cochise County:

This area to extend South through Douglas, west through Paul Spur and north along the eastern slope of the Chiricahua Mountains through Portal and Paradise. (Existing groups in this area are Sew What? Club, Westside Club and Silver Creek).

3. Group II (Elfrida, Double Adobe, Rucker and San Pedro Valley) will be responsible for the Spring Council meeting.
4. Dues of homemakers groups to the county council were increased from \$1.00 to \$2.00 per year per club.
5. The constitution was revised to permit the council president to name a parliamentarian.
6. The finance committee of the iron lung fund reported that \$187.50 is still owed to this fund by the Arizona Sings Songbook Fund.
7. Mrs. Kenneth Gunter, Chairman of the Library Committee, reported the progress made to date regarding Rural Library Service. She suggested that each club name a library chairman.
8. A nominating committee consisting of Mrs. W. D. Wear, Sr., Mrs. Jack Busenbark, and Mrs. Buford Olson was appointed by Mrs. Swaggart as presiding officer. This committee nominated the following slate of officers:

Pres. Vona Barkley, Cochise Prog. Pioneers
Vice Pres. . . Jean Schmelzla, Stewart Homemakers
Sec'y Elizabeth Gunter, Cochise Prog. Pioneers
Treas. . . . Elvina Owen, Sulphur Springs Homemakers

This slate of officers was elected.

Results, Observations and Evaluations:

1. Projects selected for 1957 in the various fields were as follows:
 - a. Home Furnishings and Management - Making Pillows
- Color in The Home
 - Special Interest - - - - - Refinishing Furniture
- Upholstery
- Making a 5-Piece Slip Cover

Fall Council Meeting, cont.

b. Foods and Nutrition - - - - - Making Bread and Rolls

c. Clothing and Textiles - - - - - Tools for Sewing
- Designs Becoming to Figure Types

Special Interest - - - - - Making Dresses
- Making Western Shirts
- Making Dress Forms

d. Health, Safety and Community Life -

Special Interest - - - - - First Aid Classes
- Home Nursing Classes
- Having A Civil Defense worker speak
at local meetings.

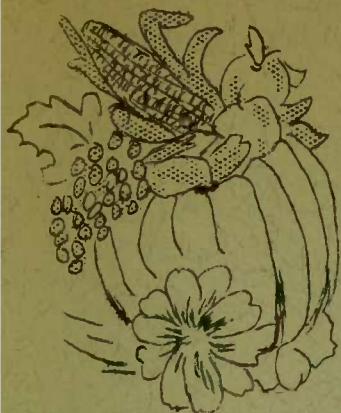
2. By making use of resolutions, the business meeting was speeded up greatly. Several homemakers stated that their groups discussed the resolutions at their local meeting and decided how they wanted their club to vote.

COCHISE COUNTY COUNCIL PROGRAM PLANNING DAY

September 24, 1956

Woman's Club

Douglas, Arizona



9:30 a.m. - Register and Arrange Exhibits
 Mrs. W. E. Foster, Secretary
 Silver Creek Homemakers
 Mrs. Walter Swaggart,
 Silver Creek, Council Treasurer

10:00 a.m. - Opening Song - Mrs. John Weeks,
 Elfrida Homemakers
 Prayer - Mrs. R. L. Whitlow,
 Westside Homemakers

10:15 a.m. - A Talk by Mrs. Alice B. Nalley, Juvenile Probation
 Officer

10:45 a.m. - Program Planning Groups

Clothing and Textiles	Mrs. Jack Busenbark, Cochise Prog. Pioneers
Foods and Nutrition	Mrs. June Chamberlain, Council Secretary
Home Furnishings & Home Management	Mrs. Maryetta Gaskill, Home Agent
Health, Safety & Community Life	Mrs. Kenneth Gunter, Cochise Prog. Pioneers

11:30 a.m. - Report of Program Planning Groups

12:00 noon - Lunch - Westside and Silver Creek Hostesses

1:15 p.m. - Judge's Report on Pre-Fair Exhibits - Miss Jean M. Stewart,
 State Leader of H. E. Exten.

1:45 p.m. - Business Meeting - Mrs. Walter Swaggart,
 presiding

3:00 p.m. - Adjournment



Maryetta Gaskill
Cochise County
1956

County Fair

During September the Agent spent $2\frac{1}{2}$ days in preparing for and assisting with the Cochise County Fair.

The fair was very well organized and it was not necessary for the Agent to give any major assistance to the department superintendents.

The foods and clothing departments had more entries than previously. Baked and frozen goods were not included in the fair due to the lack of display facilities.

Three homemakers groups prepared booths illustrating phases of the 1956 homemaking program. These were judged by the Danish system and premium money was divided equally among the participating groups. Booth exhibits were as follows:

Silver Creek - "Table Decorations" - Blue Ribbon

This booth illustrated a variety of table decorations for a variety of occasions.

Cochise Progressive Pioneers - "Color in The Home" - Blue Ribbon

This booth illustrated an analogous color scheme.

Double Adobe - "A Home Sewing Area" - Blue Ribbon

This booth was based on the way one Double Adobe homemaker arranged a sewing area in her home. It included placement of the cutting table and ironing board around the machine and featured the portable sewing cabinet.

Results, Observations and Evaluations:

1. The quick method of putting in hems with a sewing machine as taught by Miss Helen L. Church, Extension Clothing Specialist, to homemaker's groups was seen on a number of cotton garments.

Judging at Fairs

During September the Agent spent three days travelling to and from, and judging at the Coconino County Fair. The fair was being held at a new location which caused some confusion and delay in receiving and organizing entries. The quality of the entries was good. The Agent was assisted by Miss Beryl Bert, Assistant Home Agent, Yuma County. Miss Bert attended the fair for experience. She served as clerk.

National Home Demonstration Week

41 persons from 6 communities, Double Adobe, Elfrida, Silver Creek, Westside, Cochise and Steward attended the Spring Fling held at the Wonderland of Rocks. The Spring Fling is a picnic held annually in commemoration of National Home Demonstration Week.

This picnic was a no-hostess, potluck affair. The meal was wonderful, the cowboy coffee excellent and the fellowship most enjoyable. Recreation was informal and consisted of soft ball, games and touring the monument and visiting the museum.

Certificates of Achievement were presented to representatives from Westside, Cochise and Double Adobe homemakers groups by the Agent. San Pedro Valley and Sew What? Club representatives were not present to accept their certificates and these were mailed to them.

The day ended on a happy note (for ranch and farm folks) when a nice shower ruined the picnic and we finally had to go home.

Country Life Conference

7 Cochise County women and the Agent attended the 10th Country Life Conference held June 19-22 on the University of Arizona Campus at Tucson. The women were: Mrs. Carl Brown, Silver Creek Homemaker from Warren; Mrs. Nila East, Mrs. Louise Larson, and Mrs. Esther Larson, L.D.A. Relief Society from Pomerene; and Mrs. Jack Neal, Mrs. Bert Wilson and Mrs. Fred Schmelzla, Stewart Homemakers from Willcox.

The women enjoyed the classes and the general sessions. It was necessary for some of them to miss part of the regular program in order to work on their part of the pageant "50 Years of Family Living in Arizona." Cochise County portrayed the decade 1950-59.

Miscellaneous

1. Annual Conference

During December the Agent attended Annual Conference from December 12 - 17. The talks given by Specialists on various phases of Extension work were factual and inspiring. The illustrated lecture on Russia which Mr. John Jacobs presented was very impressive.

2. Information Program

A county letter was sent out each month to an average of 546 homemakers, 7 county newspapers, 2 radio stations and the Arizona Farmer. The letter featured current and coming projects; dates, places, and topics of local meetings; news of homemakers groups; household hints; bulletins; recipes from homemakers and other information pertinent to homemaking.

News articles were sent to newspapers and radio stations weekly, if possible. Selected articles were sent to the Arizona Farmer.

A summary of the news articles is as follows:

December:	Cranberries Make Tasty Appetizer
January:	Candlewax Stains Can Be Removed Should Steak A Triple Treat Homemakers Clubs Plan for a Busy Year Fresh Citrus Adds to Meals
February:	Meat and Potatoes on Plentiful List Figure Egg Price on Weight Basis Beef Grades Tell the Quality Story Beef Offered Budget Buys Lots of Variety Available for Lenten Dishes March Plentifuls Promise Variety U. S. Food Dollar Split Many Ways
March:	Frozen Foods Tops When Handled Right Today's Food Costs Include Convenience
April:	Beef, Port Top Plentiful Foods Kitchen Triangle Reduces Steps Hang Pictures That Fit Room Learn to Know Good Food Buys Know Quality Rhubarb Broiling Steak, A Simple Art Beef Tops Plentiful List
May:	New Patterns Save Time Care and Propagation of House Plants Demonstrations Asparagus Can Be Raw-Packed Results of 4-H H. E. Contests Leaders Meeting on Construction Finishes for New Fibers and Fabrics Shape Tells Onion Strength Rhubarb Tarts Easy to Make Dairy Products Plentiful in June Let Color Guide Vegetable Buying

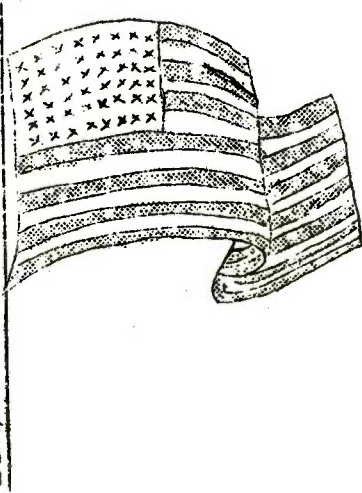
- June: Make This Uncooked Jam
 Freeze Ripe Strawberries
 Excess Fluorine Causes Mottled Teeth
 Height of Oven is Important
 Protect Those Woolen Goods
 Store Meat Right Way
- July: Use Milk for Party Drinks
 Some Frozen Foods Stand Refreezing
 "Standard" Grade Beef Explained
 Chicken Leads July Plentifuls
 Eggs Can Be Frozen
 Use Seasoning on Vegetables
- August: Frozen Fryers Need Thawing
 New Refrigerators Keep Foods Colder
- September: Turkey Tops for September Plentiful Foods
 Small Turkeys can be Roasted in Short Time
 Milk Powders and Nutrition
 Frozen Lunches Keep Fresh Taste
 L-H Leader Meeting Held
 Try "Panning" Green Vegetables
 Remove Lint With Pre-Wash Care
- October: Fire Prevention Week "Leaving Children Alone"
 Fire Prevention Week "Baby Sitter Instructions"
 Buy Smaller Eggs For Fall Bargain
 Markets to Offer New Beef Grade
 Get More Done in Less Time With Less Work
 Keep Rugs Clean For Long Wear
 Wash Open Wounds, U.S.D.A. Suggests
 Poultry Among Plentiful Foods
- November: Thanksgiving Birds May be Lower Priced
 Finishes Make News in Cotton Fabrics
 Try Half Turkey for Thanksgiving
 Pick Durable Cottons for Home Sewing Jobs
 Sweaters Demand Careful Washing
 Pink Color in Cooked Turkey O.K.

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
And Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Willcox, Arizona
June 30, 1956



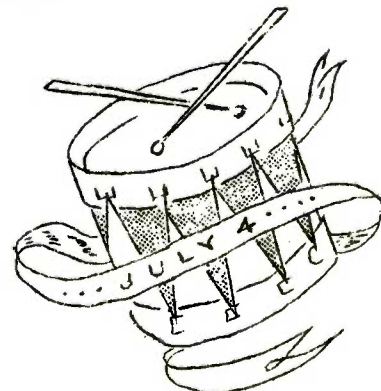
July: When freedom from her mountain height
Unfurled her standard to the air,
She tore the azure robe of night,
And set the stars of glory there.
She mingled with its gorgeous dyes
The milky baldrick of the skies,
And striped its pure celestial white
With streakings of the morning light:
(The American Flag by Joseph R. Drake)

Dear Homemaker:

The projects of this month certainly reflect that summertime attitude. Cochise County homemakers are having picnics, a book review, a swimming party, a catch-up on new fabrics and finishes, a work meeting to make portable sewing cabinets, and several groups just haven't made up their minds.

Double Adobe will have a special interest meeting on upholstery. (Cochise will follow suit in August.)

If your group has an open meeting this month or next, it might be a good idea to check back over the projects we've had this year and perhaps last year. It's quite likely that some of your members are interested in mending -- (if you still rip the seam to patch levis, there's something you should know); -- or making sewing cabinets -- (now that I have one of these handy gadgets, I wonder how I ever got along without it); -- or planning color schemes -- (everyone enjoyed and profited from the two meetings we had on color -- Why not do something more along this line? Each member could bring clippings of color schemes from magazines and your group could discuss them from the standpoint of "what's good about this color scheme?" and "how might it be improved?"; and then, of course, you'd want to discuss them in relation to your own homes. Another idea would be to bring swatches of drapery fabric, pillows and upholstery and discuss floor and wall coverings to go with them. One thing's for sure, we can't spend too much time learning all we can about color!)



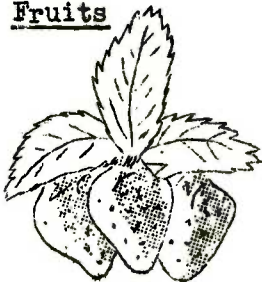
CALENDAR OF EVENTS

Date

July 4	- Cochise Prog. Pioneers	- Stronghold	- Picnic at 5 p.m. (Pot luck)
" 5	- Stewart	-	- Open
" 10	- San Pedro Valley Club	- Mrs. Betty Stevens	- New Fabrics and Finishes
" 18	- Double Adobe	-	- Evening Swimming Party
" 19	- Elfrida	- Schoolhouse	- Making a Sewing Cabinet
" 24	- Westside Club	- Mrs. Christiansen	- Open
" 25	- Rucker Canyon	- Mrs. Bob Sproul	- Open
" 31	- Silver Creek	- Mrs. Ed Young	- Book Review by Mrs. Ingman

HOME FREEZING

In a recent home economics magazine there were two articles telling about home freezing; one, a survey of what homemakers were doing and asking about in home freezing; and the other, a report of recent research in the field of home freezing. The homemakers asked questions about the darkening of fruit and how to prevent it, and about blanching vegetables. The research report told of work on freezing baked products, doughs and batters, and pre-cooked foods. Here are some answers to the questions asked by these homemakers and some hi-lites of new research:

Fruits

What causes darkening? Exposure to air. Darkening will also vary with the length of storage time and the type of fruit.

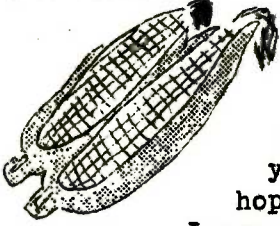
How do you use ascorbic acid? Dissolve the ascorbic acid in a little cold water.

...In a syrup pack. Add the dissolved ascorbic acid to the cold syrup shortly before using. Stir gently so you won't stir in air.

...In sugar pack. Sprinkle the dissolved ascorbic acid over the fruit just before adding sugar.

...In unsweetened pack. Sprinkle the dissolved ascorbic acid over the fruit and mix thoroughly. Pack immediately. If water is added to the fruit, dissolve the ascorbic acid in the water.

Is there a less expensive acid which is equally suitable? Probably not. Special anti-darkening mixtures usually contain ascorbic acid mixed with sugar and perhaps citric acid and, because of this dilution with other materials, the ascorbic acid may be more expensive than pure ascorbic acid. Citric acid and lemon juice are suitable for a few fruits. However, neither is as effective as ascorbic acid and the large quantities needed in some cases would mask the natural flavor of the fruit.

Vegetables

Is blanching necessary? Yes! The enzymes that helped the vegetable grow and mature are not destroyed by freezing. Unblanched vegetables lose flavor and color. As the flavor disappears the odor of the product may become more pronounced. If you just can't believe that blanching vegetables is important, I hope you will take the word of folks who know and blanch any way.

Leave 3 packages unblanched and open one of them at the same time you open a blanched package. Check the odor, texture and flavor of the two products. Do this at the following intervals:

1. After the vegetables have been frozen 6 weeks
2. After the vegetables have been frozen 6 months
3. After the vegetables have been frozen 9 months.

Baked Products

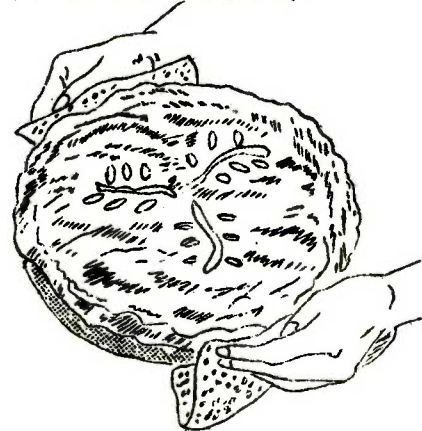
Cakes -- may be baked before or after freezing, but the volume of a cake frozen unbaked will be smaller. Keep baked cakes as long as 6 months; frozen batter may be kept 4 months.

Rolls -- the baked product is usually more successful than the unbaked.

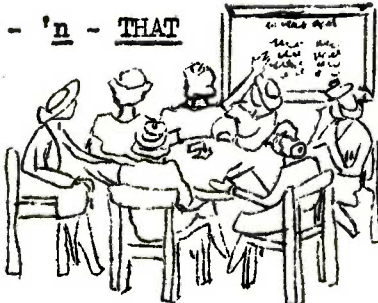
Fruit Pies -- it may be best to freeze the pie unbaked for 2 reasons.

1. The bottom crusts of pre-baked pies may become soggy after freezing.
2. Total oventime is less for a pie frozen unbaked.

Bake your unbaked pie without thawing in a preheated oven at 375° for 1 hour.

And, In Conclusion

The bulletins and mimeos which are available from this office are still a homemaker's best friend when it comes to home freezing. A complete list is included at the close of the letter.

THIS - 'n - THAT

Seven stately ladies represented Cochise County at the 10th Country Life Conference. They were--

Mrs. Carl Brown of Warren and a member of the Silver Creek Homemakers, who was our Sergeant-at-Arms. As a result, every one of us tended strictly to business -- except Mrs. Brown.

- 4 -

Mrs. Lois Neal of Willcox (Stewart Homemakers) who served as chairman of our pageant committee. Cochise County portrayed home life for the period 1950-59.

Mrs. Esther Larson, Pomerene (LDS Relief Society). Our delegation included three Pomerene ladies. Mrs. Larson distinguished herself as a supporting actress in our pageant and as a co-star on a TV show.

Mrs. Jean Schmelzla, Willcox (Stewart), who was the heroine of our pageant. She portrayed the homemaker of the future who (if we can believe what we saw) will have a well-padded posterior and an over-developed index finger.

Mrs. Louise Larson, Pomerene, who attended a class on painting pictures and went home with a very fine oil painting. The instructor painted the picture as he taught the class. Mrs. Larson held the lucky number at a drawing.

Mrs. Nila East, Pomerene, who narrated our pageant and co-starred on the TV program.

Mrs. Hazel Wilson, (Stewart), who helped write the pageant, helped present same and, generally, enjoyed herself at Country Life Conference.

BULLETINS AND MIMOS

Home Freezing of Fruits and Vegetables - a USDA bulletin - complete information on selection, packaging, yield and specific information on each type of fruit and vegetable.

Freezing Combination Dishes - a mimeo giving general tips and some recipes.

Home Freezing--Doorway to Better Living - a mimeo - contains information on packaging materials and freezing prepared and pre-cooked foods.

Sincerely,

Maryetta Gaskill

Maryetta Gaskill
Home Demonstration Agent
Cochise County

MG/elf
5/9 c.

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
And Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Willcox
February 2, 1956

To: Foods Leaders and Club Presidents

Dear Homemaker:



This is your reminder letter for the "Salads" leader meeting. If everybody gets there at 10:00 a.m., we will be able to have lunch at noon; otherwise, we may eat a little late.

Bring potluck to go with salads and your table service.

Here are the days, places and times:

No. Cochise County - Wed., Feb. 8th - Willcox Vet's Club
10:00 a.m.

So. Cochise County - Thurs., Feb. 9th - Coronado Courts,
Douglas - 10:00 a.m.

Cochise County Homemakers surely know how to select good projects. I don't know when I've enjoyed working on a lesson like I've enjoyed this one. I think we'll all like it!

Remember! Bring along some extra ladies if you can. That way, it will be easier to take the lesson back to your group and the "extras" can help make your local meeting more interesting.

See you then.

Sincerely,

Maryetta Gaskill

Maryetta Gaskill
Home Demonstration Agent
Cochise County

MG:BC

30 c.

Maryetta Gaskill
Cochise County
1956

News Stories written by Home Agent

Homemakers Clubs Plan Busy Year

Throughout January, homemakers' clubs in Cochise County will be outlining their program of activities for 1956.

Homemakers' groups meet just once a month and such a variety of projects and activities are available that, for most groups, the major program planning problem is not, "How can we fill out our program?" but "What shall we leave out?"

Last fall each group sent delegates to a County Council meeting for the purpose of planning the countywide Extension Program in homemaking for 1956 and 1957. The projects selected for 1956 were: Winter Salads; Thawing and Using Frozen Foods; Construction Finishes for a Professional Look; Getting Acquainted With Color; Color in the Home; and Construction Finishes for New Fibers and New Fabric Finishes.

Four of these projects will be presented to the homemakers' clubs by project leaders, who have first received their training at leader meetings conducted by Mrs. Maryetta Gaskill, Home Demonstration Agent in Cochise County for the University of Arizona, or an Extension Service subject matter specialist from the University of Arizona. The remaining two projects will be given each group by Mrs. Gaskill.

In addition to the regular homemaking program interested groups or individuals may also take part in special interest programs such as: Growing House Plants; Controlling Household Insects; Cleaning Sewing Machines; Testing Pressure Canner Gauges; and Home Freezing work meetings. Special interest projects are presented by the home demonstration agent or by an extension specialist.

Since Extension Programs are educational in nature, homemakers branch out on their own, either as a club or through their County Council to take part in activities in community service; recreation and health and safety.

Local homemakers' clubs are grand supporters of charitable organizations such as: The Red Cross, the Community Chest, the March of Dimes, and of State Institutions such as: Arizona Boys' Ranch, the Arizona Children's Home and the Valley of the Sun School for Handicapped Children.

Homemaker clubs are also interested in their families and communities; Most groups hold at least one picnic or pot luck supper, which is attended by the whole family. And Christmas time brings on a variety of special events ranging from parties to preparing baskets for needy families, to sacking candy for the community kids program.

Civil Defense as it pertains to rural families will be the major program carried out through the County Council in 1956.

Council officers are Mrs. R. W. Hill, Douglas, President; Mrs. Ing hospitals in Cochise County. Walter Swaggert, Silver Creek; treasurer; Mrs. June Chamberlain, Double Adobe, secretary and Maurice Dawson, Double Adobe, vice president.

Maryetta Gaskill
Cochise County
1956

News Stories Prepared by the State Office for
Release in the County

Since you are responsible for meals that keep the family healthy it's important to get good quality food which hasn't lost much of its food value. Check the needs of each family member, considering all of the basic seven groups of foods. Compare the choices in these foods at the markets. Then, select those which are attractive and still fill the nutritional needs of the family.

Convenience is an important food buying factor in the busy life of today's homemaker. But, the cost of foods which can be bought fully or partially prepared must be considered carefully in the light of just how much your time and energy are limited.

Buying in large quantities is an excellent idea if you have the right storage facilities. Unless your kitchen contains the necessary items for preparation and serving some foods, they can be poor buys, too. Know your own ability to prepare foods and understand both your own limitations and those of your kitchen facilities.

Finally make sure the food your buy satisfies the family. If it does not do this, the food isn't a good buy — regardless of the price, the convenience it offers, or any other factor which makes it seemingly attractive.

Guide your food buying by these factors, understand their relative importance within your own family, and you are well on the road to selecting good buys in food.

Learn To Know Good Food Buys

A good food buy is determined by cost, family preference, food value, convenience, preparation facilities, and eating satisfaction.

But, each of these factors differs in importance from family to family, explains Maryetta Gaskill, Cochise County Home Demonstration Agent for the Agricultural Extension Service for the University of Arizona. Therefore, it is up to you to know which are the most important to you and your family.

Many times, family preference is one of the biggest items. A terrific bargain loses its value completely if the food isn't eaten and it winds up in the garbage can. So, food must stay within your budget and still have eating appeal.

Cost is always a major factor. For families with many mouths to feed and a limited food budget, this is probably at the top of the list in determining a good food buy. But, along with the actual cost of the food item, consider what you actually get for the money, the amount of waste, and the quality of the food. These tell the complete story of a food's value.

Wise buying keeps down food costs. So, improve your shopping ability by learning to compare values between foods, and knowing the different seasons when foods are plentiful and selling at lower prices. Wise buying, good use of leftovers, and the ability to select good quality foods all help to lower costs.

News Article Written by Homemakers

Women Of County Adopt New Cochise Hospital Project

DOUBLE ADOBE—Cochise County Homemakers Clubs will again have a Cochise County Hospital aid project for the year, it has been announced.

The 1956 project is metal clothing cabinets for the hospital rooms and wards. In 1955 the clubs donated a number of easy chairs to the hospital. A continuing project is mending and sewing for the permanent residents of the hospital.

The project was announced at the county council meeting at Willcox, attended by Mrs. Dale Chamberlain, Mrs. George Chamberlain and Mrs. Maurice Dawson of the Double Adobe club.

John Pintek of Bisbee, civil defense coordinator for the county, presented the story of civil defense in a motion picture at the council meeting and he is to schedule civil defense meetings in this area soon.

National 4-H Club week will be celebrated next week and field trips will be made each Saturday of March by club members over the county.

The first of these trips next Saturday will be at the James Brophy ranch, a mile and half north and a half mile west of Double Adobe. The day will be spent in judging livestock and all members are asked to bring sack lunches.

Thirteen pupils were absent from school last week with chicken pox. Mrs. E. C. Hill Jr. entertained a

large group of friends of her children at a play party Saturday. Punch, cup cakes and candy were served after the games.

Mrs. William Maddux and daughter, Mrs. Lewis Johnson, left last Thursday on a trip on the Golden State to visit relatives.

Mr. and Mrs. E. C. Hill Jr. have moved to Elfrida to reside.

Mr. and Mrs. Jess Dye and granddaughter have moved here from Oklahoma, living at the G. S. Shipley house.

Mr. and Mrs. Charles Price have moved into a home recently purchased from Mr. and Mrs. Jack Fisher.

Rev. David Schmidt preached his final evangelistic service Sunday morning and appeared at Bonita in the afternoon. The Schmidt house trailer was parked at the E. C. Hill Sr. home during their 10-day stay here.

Maryetta Gaskill
Home Agent Cochise County
1956

25.



Silver Creek and Westside Homemakers at meeting on "Potted Plants"
conducted by Harvey F. Tate, Extension Horticulturist,
at the home of Mrs. I. A. Gillette in Douglas.

HOUSE AND SURROUNDINGS

Potted Plants

During May 89 homemakers from 9 communities attended Special Interest meetings on Potted Plants, conducted by Harvey F. Tate, Extension Horticulturist. Meetings were conducted in 8 communities.

Method of Procedure:

1. Mr. Tate brought various types of plants and the homemakers also brought plants which gave Mr. Tate a good supply for his demonstration.
2. The following were major points discussed and demonstrated:
 - a. Preparing and using a potting mixture
 - b. Transplanting
 - c. Propagating in water and sand
 - d. Trimming plants back
 - e. Feeding and special care of potted plants

Results, Observations and Evaluations:

1. The women were very enthusiastic about this meeting. They were interested in learning all about their house plants, in learning about new plants, and in swapping plants with other homemakers.
2. Most of the homemakers were using too heavy a soil (not enough sand and manure) and watering their plants too much.
3. Reports from homemakers clubs were as follows:
 - Cochise - "Very helpful".
 - San Pedro Valley - 5- plants were started.
 - Westside Club - 12 homemakers reported 41 plants
6 homemakers started 53 plants
4. The Agent was present at the San Pedro Valley and Westside meetings when their reports were made. No doubt other clubs participated just as well but did not report it.

Home Beautification

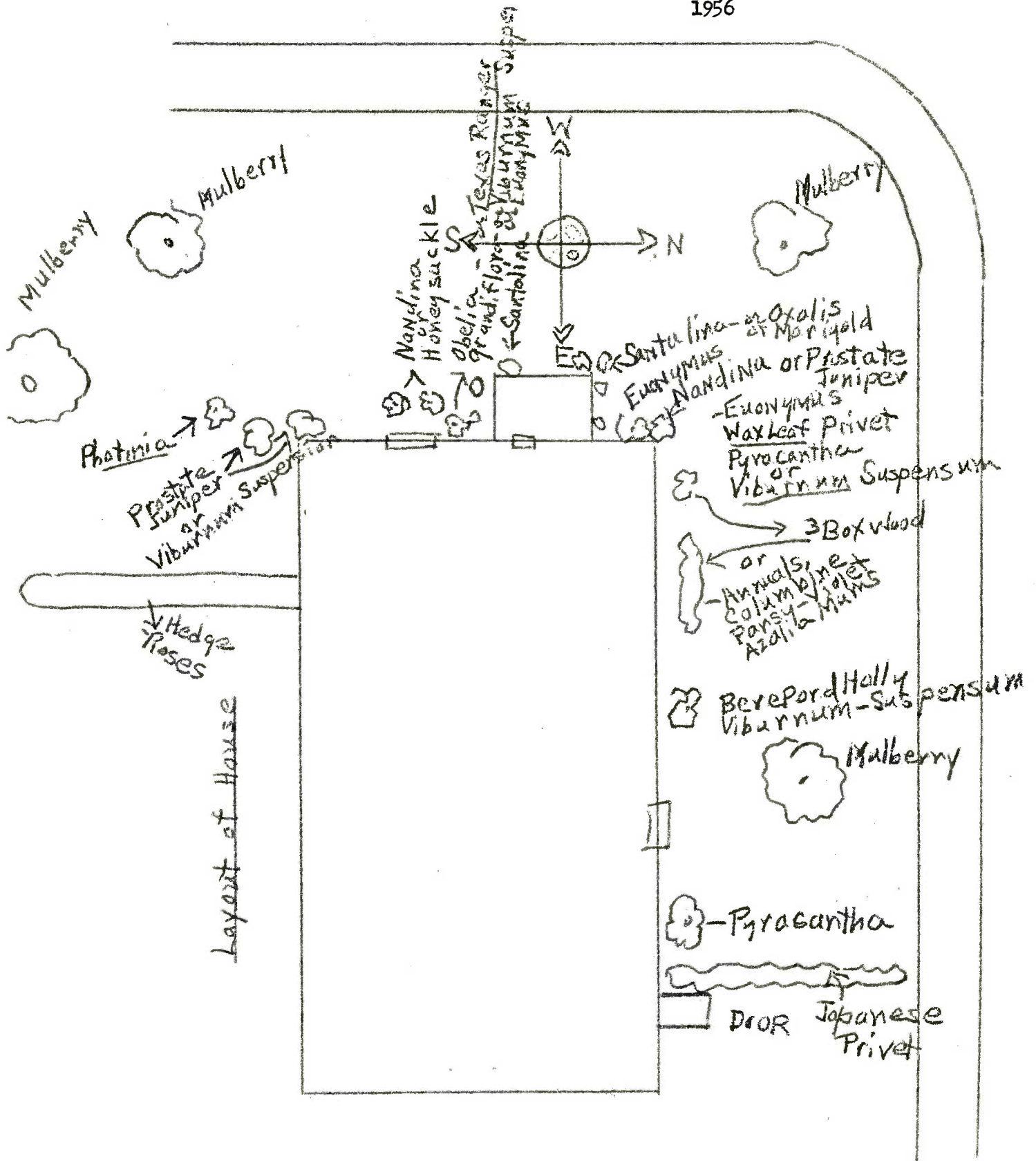
7 Sulphur Springs homemakers attended a special interest meeting on landscaping the home yard conducted by Harvey F. Tate, Extension Horticulturist, at the home of Mrs. J. L. Kidd, Jr. The meeting was conducted in the manner described in the Agent's February 1955 report.

A sketch of the Kidd Yard and suggested plantings is attached.

Results, Observations and Evaluations:

1. Most of the homes in this area are quite new and landscaping is a definite need.

Maryetta Gaskill
Cochise County
1956



J. L. Kidd, Jr., Kansas Settlement
1956

Maryetta Gaskill
Cochise County
1956

Home Beautification , Cont.

Bulletins and Mimeos requested or taken from the office:

- 9 Lawns for Arizona
- 9 Planting and Pruning Roses
- 10 Some Hardy Evergreen Deciduous Shrubs
- 10 Ornamental Trees for Arizona
- 1 Flowers for Southern Arizona
- 1 Flowers for Northern Arizona
- 1 Flower Planting Outline
- 1 Perennial Flowers and Bulbs for Southern Arizona
- 1 Growing Annual Flowering Plants
- 1 Roses for The Home
- 1 Control Insects of Flowers, Shrubs and Shade Trees

HOUSE FURNISHINGS AND EQUIPMENT

Pictures for the Home

During April leaders report forms on "Pictures For The Home" were mailed to home furnishings leaders, and club presidents and secretaries. 10 clubs participated in this 1955 project. 6 clubs returned their leader's reports.

Results, Observations and Evaluations:

1. A statistical summary was as follows:

Name of Club	How Many Selected Pictures?	How many changed framing on Pictures owned?	How Many Re-hung Pictures?	How Many Finished Frames?	How Many Made Frames?
Cochise Progressive Pioneers	2	4	6	0	0
Rucker Canyon	2	0	1	0	2
Silver Creek	9	6	7	2	3
Double Adobe	0	0	1	3	3
Stewart	4	3	3	0	2
Westside	1	7	5	1	0
Totals	18	20	23	6	10

2. Comments made by local leaders were as follows:

Cochise - "Most found it very helpful in re-arranging of pictures. Knowing the correct type and color of frames to use on certain pictures was of great help to those who framed pictures."

Double Adobe - "It would have been more useful if all club members had been given the opportunity to make picture frames at the meeting."

Stewart - "Helped us to know how to arrange our pictures and the type to put in each room."

Maryetta Gaskill
Cochise County
1956

Color in The Home

This project was presented in 10 communities. There were two series of meetings on this topic. The first lesson was presented by the Agent to 139 homemakers; the second meeting was presented by leaders to 132 homemakers. 152 mimeos, "Color in The Home" and 11 bulletins, "Color in Your Hands" were distributed. Also, 2 Leaders' reports and 20 Leaders' Guides.

During October Miss Grace E. Ryan, Extension Specialist in Home Furnishings, and the Agent reviewed the suggestions of leaders for the project, "Color in The Home". A preliminary outline was prepared and a later date was set for the Agent to confer with Miss Ryan.

During February the Agent collected illustrative material and made preliminary preparations for this project.

Goals: To give homemakers an understanding of color and color principles
To teach principles and techniques for using color in the home.

Method of Procedure:

First Meeting

The following were discussed and demonstrated:

1. Discussion and demonstration of color
 - a. Psychological aspects
 - b. Color vocabulary
 - c. Warm and cool colors
 - d. Color harmonies - related and contrasting
2. Identification of color harmonies in fabric swatches
 - a. Identify hues
 - b. Determine type of color harmony

Second Meeting

The second lesson on "Color in The Home" was presented through Leader training. Leader meetings were conducted in two areas by Miss Grace Ryan, Extension Specialist in Home Furnishings and Management, 24 homemakers from 9 communities attended. One community, Elfrida, could not attend due to illness in the community. The Agent presented the project to this group.

1. The following points were discussed and demonstrated by Miss Ryan:
 - a. Review of previous lesson
 - b. Principles regarding use of color
 1. Walls, ceilings, and floors represent large spaces. It is good practice to keep them light or neutral in tone.
 2. "Earth" colors are pleasing for rugs
 3. Study nature for color relationships
 4. Room exposures are important in color plans
 5. Decorators rarely use strong undiluted colors
 6. Neighboring colors, or colors "all-in-one-family" are safe plans for the beginners.

Maryetta Gaskill
Cochise County
1956

7. Triads or "triangles" are common in fabrics but difficult to handle
8. "Contrasts" (across the color wheel) are safe and easier to use
9. Color "arithmetic" helps with amounts of color to use.
(75% plus 25% for related or 65%, 25% and 10% for contrasts)
- c. Creating a Color Harmony from ---
 1. Drapery
 2. Picture
 3. Rugs
 4. Walls
 5. Accessories
- d. How to judge color plans
- e. Color related to building supplies (brick, wood, etc.)
- f. Pleasing colors at small cost (inexpensive table settings)

Results, Observations and Evaluations:

1. Portions of the information (a film strip and a color game) originally included in the Agent's demonstration had to be taken out due to the time factor.
2. The homemakers were very enthusiastic about this topic. Many want to redecorate, others want to add an accessory or two and still others have no decorating plans but are just interested.
3. As a conclusion to the meeting, the Agent distributed fabric swatches to groups of 3 or 4 homemakers which the women were asked to identify. This was a very good wind-up for several reasons ---

- it pointed up the fact that most fabrics do not contain pure colors.
- It made the women think of colors and identify them as red-violet rather than rose or red-orange rather than coral. This confused them at first, but after they worked with several pieces of fabric and saw how color harmonies were developed they rather enjoyed it.
- One group had a big potluck just before the demonstration was given. When the fabric swatches were distributed, they were quite at a loss as to how to proceed and the Agent had to spend a good deal of time explaining what they were to do. It turned out that they were too full and too sleepy to concentrate on what the Agent was demonstrating. After this experience the Agent made it a point to warn after-dinner groups that a "test" was coming up.

4. One group reported that all of their membership still have different ideas about color harmonies but that now they could discuss their difference on a more "scientific" level.
5. Said a Silver Creek homemaker, "I used to look at a colored picture in the home furnishings magazine and I only knew that I liked or disliked them. Now, I can understand how the color schemes were developed." She went on to explain that she felt she could do a better job of decorating her own home.
6. It is extremely difficult to report statistical results of such a project and the statistical summary which follows is most inadequate. Homemakers are still vitally interested in this topic and have elected to do further work on "Color in the Home" in 1957.

Leader's Reports - Color in The Home

Club	Attendance at meeting when report was made	How many made a Color Plan for a Room?		Home many changed only Some Color Items in a Room?		How many used Color in plann- ing a new House?		How many made Other Home Decoration Changes or plans because of this Lesson?		How many Meetings held other than Club meetings and number Attending?	
		Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other	Hmkr.	Other
Cochise Progressive Pioneers	16	4	1	3		1		3		0	
Double Adobe Homemakers	17	0		1		1		0		0	
San Pedro Valley Homemakers	9	0		0		0		1		0	
Sew What? Club	18	11		10		2		6		3-17	3 att.
Silver Creek Homemakers	18	12		15		2		12		0	
Westside Club	9	0		1		0		1		0	
Totals - 8 Coms.	87	37	1	30		6		23		3-17 att.	3 att.

Maryetta Gaskill
Cochise County
1956

Learn to Upholster

Two communities, Double Adobe and Cochise, participated in this special interest project. Six hassocks were made.

Method of Procedure:

1. Basic principles of upholstery were taught by having each homemaker make a hassock. The work phases of constructing and upholstering the hassock were divided as follows:
 - a. Before attending the first meeting each homemaker made the hassock frame and mounted the springs. Also, she assembled all the necessary supplies and equipment, and if possible, made the padding strip to go around the frame. To enable the homemakers to accomplish this preliminary work the Agent placed a hassock frame and a semi-complete hassock in the community 10 days to 2 weeks before the first scheduled meeting. Lists of the necessary supplies and equipment were mailed to interested homemakers.
 - b. The following was done at the first meeting:
 1. Tie springs - mount springs in frame.
(If the homemakers had an extra amount of cotton, this was placed around and between the springs.)
 2. Cover springs with muslin.
 3. Pad springs with spanish moss and cotton.
 4. Stretch muslin over padding and tuck in place.
 5. Pad sides of frame.
 - c. The following was done at the second meeting:
 1. Make cording.
 2. Make top cover for hassock and apply cording.
 3. Attach "skirt" to upper section.

Results, Observations and Evaluations:

1. Mrs. Mary Price, Mrs. June Chamberlain, Mrs. Duane Heath, and Mrs. Smith of Double Adobe made hassocks.
2. Most of the homemakers preferred to make a slip cover for their hassocks rather than tack the upholstery fabric into place. This enabled them to launder as needed.
3. Cochise Homemakers completed 2 hassocks. These were made by Mrs. Vona Barkley and Mrs. Mabel Dunlap.
4. As was the case when upholstery of larger pieces of furniture was attempted in this county, quite a number of folks who wanted to take part in this project failed to do so.

Bulletins and Mimeos requested or taken from the office:

- 26 Tailor Your Draperies
- 16 Simplified Slip Covers
 - 1 Slip Covers for Furniture
 - 1 Yardage for Slip Covers
 - 1 Re-Upholstering a Chair at Home
- 8 Furniture Repair
- 3 In Furniture the Finish Counts
- 1 Storage For Your Home
- 2 A Step-Saving U Kitchen
- 1 Kitchen Planning
- 1 Color and Convenience in Kitchens
- 3 Household Equipment
- 4 Making Light Work for You
- 2 Electric Light for the Farmstead
- 1 Tested Recipes for Safe and Attractive Lighting
- 152 Color in The Home
- 11 Color in Your Hands
- 20 Leaders Guides on Color in The Home
- 2 Leaders Reports " " "

256 Total

Maryetta Gaskill
Cochise County
1956

35.

HOME MANAGEMENT AND ECONOMICS

Bulletins and Mimeos requested or taken from the office:

- 8 Help Yourself to Laundry Aids
- 7 An Easy Way to Iron a Shirt
- 2 House Cleaning Mangement and Methods
- 455 Plan Your Future with U. S. Savings Bonds

CLOTHING

Construction Finishes for New Fibers and Finishes

15 homemakers from 8 communities attended leaders meetings on Construction Finishes for New Fibers and Finishes conducted in two areas of the county by Miss Helen L. Church, Extension Clothing Specialist. Sulphur Springs and Sew What? Club were not represented at the meetings. 159 copies of the mimeo "Make It Without Fear", 15 copies of "The Young Homemaker Learns Easy Sewing Skills", and 15 copies of "Bound Buttonholes" were distributed.

Goals: To make women conscious of the need for using synthetic threads with synthetic fabrics.

To teach women to adjust their machine tension for synthetic fabrics.

To teach techniques for constructing clothing of synthetic fabrics.

To make notion counters aware that there is a need for synthetic thread, seam binding and interfacing materials. Also, small machine needles.

Method of Procedure:

The following were discussed and demonstrated by Miss Church:

1. Selection of thread
2. How to adjust tensions
3. Pointers for sewing synthetics
4. How to select patterns when using synthetic fabrics
5. Seams and hems for synthetics and fabrics with finishes
6. Gussets and cording
7. Altering a sleeve for synthetics and plished cottons

Results, Observations and Evaluations:

1. The Agent visited the home of Mrs. Pete Cheek one day before she was to present this project to her group (the Elfrida Homemakers). This was the first leader presented project the Elfrida group had taken. Mrs. Cheek had made a complete set of samples for illustrative material and had checked on sources for securing nylon and dacron thread.

She felt quite secure as a leader; in fact, her main worry was that she had too much information for the amount of time she had in which to present it. (She agreed that some of the information might be presented at a later meeting.)

This speaks well for the effectiveness of leader training and for the local leader, too.

2. Apparently the time of the year that this project was presented (May and June) accounts for the low attendance figures.
3. The rolled hem was received very favorably by homemakers as were the methods for altering a sleeve pattern for synthetic fabrics and finishes, putting in a gusset, and making cording.

Leaders Reports - Construction Techniques for New Fibers
and Finishes

Maryetta Gaskill
Cochise County
1956

37.

Club	How Information was given to Others				Attempted to find stores that would handle Nymo and Dacron thread	No. of days leaders spent working with this project	How Many Women Learned to ---														
	Shown by Doing	Shown by completed article or illustration only	Had Work Meeting	Only Discussion			Adjust Tension for synthetic Thread			Make and attach Cording			Put in a Gusset			Alter a Pattern for Sleeve Ease					
							Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other			
Cochise Progressive Pioneers Club		x		x	Yes	1			2												
Double Adobe Homemakers	x		x		No	2	1	1		2	2				3						
Elfrida Homemakers	x		x		Yes	3	6	6	5	1	6	6	5	1							
Stewart Homemakers	x				Yes	1	3	4													
Westside Club		x	x		Yes												4				
Silver Creek Homemakers		x			Yes	2	15	15	15		15	15	15	2	15	15	15	2	13	2	
Totals	3	3	3	1	5 Yes 1 No	9	25	26	22	1	23	23	20	3	18	15	21	2	16	13	2

Leaders Reports - Construction Techniques for New Fibers and Finishes, cont.

Maryetta Gaskill
Cochise County
1956

38.

How Many Women Learned to ---																				
Club	Make a Rolled Hem				Make a Double Hem				Make a Bound Buttonhole Successfully				Make a Machine made Buttonhole Successfully				Change Needles When using Different Thread Weights			
	Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other	Learned	Used	Hmkr.	Other
Cochise Progressive Pioneers Club			1								1					3			2	
Double Adobe Homemakers	5				5															
Elfrida Homemakers	6	6	5	1	6	6	5	1									6	6	6	1
Stewart Homemakers																		4		
Westside Club			5	25					1	1				1	1					
Silver Creek Homemakers	15	15	15	2	15	15	15		5	5	5	2	10	10	10					
Totals	26	21	26	28	26	21	20	1	6	6	6	2	11	11	13		6	10	7	1

Construction for a Professional Look

This project was presented to 159 homemakers in 12 communities by the Agent.

During September the Agent was assisted by Miss Helen L. Church, Extension Clothing Specialist, in outlining and preparing for this project.

Goals: To teach the construction techniques for the following:

- a. collars
- b. gussets
- c. zippers
- d. stays for belts

Method of Procedure:

1. Subject matter was taken from the bulletin, "The Young Homemaker Learns Easy Sewing Skills". The following points were discussed and demonstrated:
 - a. The selection of interfacing materials
 - b. Making and applying the peter pan collar
 - c. Making and applying the convertible collar
 - d. Putting in sleeves
 - e. Turning cuffs
 - f. Stitching darts and tucks
 - g. Putting in zippers

Results, Observations and Evaluations:

1. Some of the methods presented were a review for some homemakers and some were a different way of doing a job they had done before; but it seemed that every homemaker found something in this project that was particularly helpful to her.
2. In the announcement of this meeting in her monthly letter, the Agent made the following statement: "Bring a zipper or two and some straight pins to the meeting and we'll let you make a present to take home. If you forget, you'll still get to make the present but you won't get to take it home." This proved to be a very effective message and the majority of homemakers brought their zippers.
3. Homemakers were interested in all phases of this project but "zippers" were the high light.
4. This project will be summarized in the Agent's 1957 report.

Fabric Selection

The Agent presented a fabric selection demonstration to the Benson Woman's Club and the Elfrida Homemakers group. Total attendance was 58.

Mending, Darning and Reweaving

The Agent presented a demonstration on Mending, Darning and Reweaving to the Dos Cabezas group. The homemakers were particularly interested in the overall patch. Most of them have school age children and mending levis is a regular and time consuming chore.

Making the Best Use of Your Sewing Machine

This project was presented to Cochise County homemakers in 1955.

During February the Agent presented a demonstration on the use of the sewing machine at the organization meeting of the Elfrida homemakers. Putting in hems by machine was of major interest.

During September the Agent presented this project to the Bisbee L.D.S. Relief Society. 12 homemakers were in attendance and 12 mimeos "Get the Most Out of Your Sewing Machine" were distributed.

10 groups participated in this project. 6 groups returned leaders reports. A statistical summary is as follows:

Making The Best Use of Your Sewing Machine - Leaders Reports

How many women used their sewing machines for the following:

Club	Att. at meeting when report was made	How many women learned more about adjusting the pressure on pressure foot?	How many women learned more about adjusting tension on their machine	Machine Basting	Tying Threads	Invisible Hemming	Hemstitching	Making a dart with the bobbin thread	Sewing on a Button	Making shirring without An Attachment	Putting on baby rick rack	Decorative Outline Stitch
Cochise Progressive Pioneers Club	17	2	3	5	5	5	5	5	0	4	6	4
Rucker Canyon Homemakers	7	5	4	2	3	0	0	3	2	0	0	0
San Pedro Valley Homemakers	14	11	11	13	4	0	2	1	0	5	2	2
Silver Creek Homemakers	18	8	8	4	6	1	5	2	0	10	5	5
Westside Club			3	2	2	0	2	0	1	20	4	3
Stewart Homemakers	10	10	10	4	8	5	None Yet	0	2	3	3	0
Totals	66	36	39	30	28	11	14	11	5	51	20	14

Maryetta Gaskill
Cochise County
1956

Dress Forms

A series of two meetings on making, mounting, and marking and using dress forms was presented in two communities (Silver Creek and San Pedro Valley) during April. The meetings were conducted by the Agent. 6 dress forms were made and mounted. San Pedro Valley homemakers making dress forms were Mrs. Emory Smith, Mrs. Cecil Orton, and Mrs. Stella Rambo. Mrs. E. L. Young, Mrs. J. A. Young, and Mrs. L. S. Perrin of Silver Creek made forms. San Pedro Valley later made forms for Mrs. Catherine Hustler, and Margaret Hemenway, a 4-H'er.

During October the Agent assisted a group of Stewart homemakers in making dress forms. 9 homemakers attended the first meeting and 4 the second meeting (only those who had forms made attended this meeting. 4 dress forms were completed.

During November a group of Sulphur Springs ladies were assisted in making dress forms. 4 homemakers purchased tubing, two homemakers made a form and 1 homemaker completed and mounted her form.

The Agent presented a special interest meeting on making dress forms to interested members of the Sew What? Club. The group worked on mounting and using the dress form. Several women planning to attend were unable to do so due to illness in the home. It was decided that this group would arrange further meetings as they could make arrangements among the various homemakers concerned since they have so much trouble getting together at one time.

Results, Observations and Evaluations:

1. The two meetings (in each community) were scheduled one week apart.
This arrangement was very satisfactory. The women knew they had to keep working in order to complete the forms and the result was that all of them got their forms mounted on stands.
2. All measurements for checking the accuracy of the form and for marking the form were taken before the forms were made. An additional measurement (from the shoulder line to the point of the bust) was also taken.
3. The women were very enthusiastic about the knit tubing. They find it much easier to use than T-shirts or tubing secured from mail order houses.
4. The knit tubing secured for these meetings was heavier in weight than the previous supply. We found it necessary to allow more lengthwise ease in order for the knit tubing to fit securely.
5. Mrs. L. S. Perrin, Silver Creek, tired and leaned back while her form was being made. She did not want to make another form, and since she is a skilled seamstress, she will probably manage with the present form very well. She reports that she had used it successfully in making alterations. Mrs. Perrin frequently stands in a leaned-back position.

6. Mrs. E. L. Young, Silver Creek, felt that the bustline of her dress form was too low. A check of this measurement was made and the form was found to be accurate. Mrs. Young was not happy, however, so she padded the form out to suit herself.

- a. Mrs. Young named her form "Maryetta". She has since taken advantage of every available opportunity to tell the Agent how wonderful "Maryetta" is. Her latest report was of having altered a pattern and made a dress without ever trying it on herself.

7. Mrs. J. A. Young, Silver Creek, hummed a tune and rocked back and forth all the while her dress form was being made. When the hipline was marked just before the form was removed, there was a half inch variation, depending upon whether Mrs. Young happened to be up on tip toe or back on her heels. The finished dress form was amazingly accurate.

8. The San Pedro Valley homemakers found that forms were easier to make and fit better if the person on whom the form is made wears a well-fitted brassiere firmly padded with tissue paper.

- a. Mrs. Hustler was particularly proud of her "Bumpsie". She felt that her dress form was very accurate. She has used her form for fitting knitted garments as well as garments constructed on the sewing machine.

9. As with previous groups, the Stewart ladies had a very joyful time discussing their experiences with their dress forms:

- a. The pre-school son of one homemaker entertained some callers by bringing his mother's dress form into the room and announcing, "See my other Mommy!"
- b. One lady was rather ashamed of the "tummy-roll" on the dress form and didn't want her family to see the form. She chose the trunk of the family car for a hiding place and it was a very fine hiding place until she went to the feed store to buy chicken feed.
- c. One homemaker secured additional tubing to make a dress form for her mother. Her mother lives in another community.

Bulletins and Mimeos requested or taken from the office:

- 180 Young Homemakers Learn Easy Sewing Skills
- 159 Make It Without Fear
- 48 Stay Stitching
- 32 Making Bound Buttonholes
- 2 Finishing Techniques
- 1 Making a Skirt and Blouse
- 10 Let's Make A Dress
- 10 Wardrobe Planning
- 10 Leader Training Material for 3rd Year and Advanced
- 5 Dresses Designed for Little Girls
- 4 Coat Making at Home
- 11 Fitting Dresses
- 10 Fitting Coats and Suits
- 11 Color in Your Hand
- 21 Measurement Cards
- 14 Pattern Alterations
- 13 Help to Solve Your Fitting Problem by Use of Paper Dress Forms
- 3 Marking The Dress Form
- 14 Simple Equipment Needed for Pressing
- 1 Quick Levi or Work Clothes Patch
- 15 Mending Made Easier
- 4 Darning, Mending and Reweaving
- 34 Stain Removal From Fabrics Home Methods
- 1 Making Shirts for the Men of the Family
- 10 Score cards
- 1 Leather Shoe Selection
- 7 Buying Your Home Sewing Machine
- 2 Your Sewing Machine Attachments
- 17 Sewing Machine Cleaning and Adjusting
- 4 You Can Make This Sewing Cabinet

654 Total

FOODS AND NUTRITION

Making Salads

23 homemakers from 8 communities (Sulphur Springs, Stewart, Cochise, San Pedro Valley, Westside Club, Silver Creek, Double Adobe, and Rucker Canyon) attended leader meetings held in two areas of the county. The meetings were conducted by the Agent. 399 subject matter mimeos and leaflets were distributed. 99 homemakers attended the leader presented meetings.

Method of Procedure:

The following were discussed and demonstrated:

1. Nutritional value of salads
2. Ways to prepare salads
3. Types of salads
4. Pointers for making and serving salads
5. Care of salad greens
6. Making and serving molded salads
7. Arranged salads
8. Frozen salads

Results, Observations and Evaluations:

1. Leaders liked all of the salads. "Good eating" seemed to be the major interest; but, there was also much interest in techniques for peeling and sectioning citrus, care of salad greens, centering a molded salad on a plate and making vegetable relishes.
 - a. Many leaders and many homemakers did not know how to section citrus and most of them had been trying to make carrot curls using chilled carrots which could not be sliced satisfactorily.
2. The Agent visited the Stewart group and was pleased to notice that the leaders were very careful following the procedure used at the training meeting. The demonstration table was orderly and well arranged for showing the various techniques. The leaders had been given time at the leader meeting to outline their local demonstrations. These leaders did an excellent job of relaying the information.

Leaders Reports - Making Salads

Maryetta Gaskill
Cochise County
1956

46

Club	Attendance at meeting when Project was presented	No. of members present when this report was made	How many homemakers learned more about caring for salad greens?	How many homemakers learned something new about preparing & serving molded salads	Salmon Mould Piquant				Deviled Egg Loaf				Moulded Cheese Salad				Cranberry Salad			
					Homkr.		Other		Homkr.		Other		Homkr.		Other		Homkr.		Other	
					Once	More than once	Once	More than once	Once	More than once	Once	More than once	Once	More than once	Once	More than once	Once	More than once	Once	More than once
Rucker Canyon Homemakers	11	8	4	8	1	1	1	1	1	1	1	1	3	1	2	3	1	2	3	1
San Pedro Valley Homemakers	15	12	12	12	3	1	1	1	1	3	1	3	1	3						
Cochise Progressive Pioneers Club		13	13	13						1			1	3			3			
Double Adobe Homemakers		10	3	4						3			3							
Silver Creek Homemakers		15	15	15	1	1				2			2							
Westside Club		12	0	0			2							4						
Totals	26	70	52	52	5	1	4	1	7	3	1	10	1	2						

Leaders Reports - Making Salads, cont.

Maryetta Gaskill
Cochise County
1956

47.

Club	Carrot Curls			Radish Roses			Celery Seed Dressing			Russian Salad Dressing			Cucumber Cream Sauce		
	Hmkr.	Once	More than Once	Hmkr.	Once	More than Once	Hmkr.	Once	More than Once	Hmkr.	Once	More than Once	Hmkr.	Once	More than Once
Rucker Canyon Homemakers	6	3		6	2								1		
San Pedro Valley Homemakers	1			1			1			1			1		
Cochise Progressive Pioneers Club	4			6			1			1			1		
Double Adobe Homemakers			8		8						2				
Silver Creek Homemakers	14			14			3						1		
Westside Club	3			3				1					1		
Totals	28	8	3	30	8	2	5	1		2	2		5		

Leaders Reports - Making Salads, cont.

Club	Tuna Fish & Spinach				Other			
	Hmkr.		Other		Hmkr.		Other	
	Once	More than Once	Once	More than Once	Once	More than Once	Once	More than Once
Rucker Canyon Homemakers	1		2					
San Pedro Valley Homemakers	1				1			
Cochise Progressive Pioneers Club	1							
Double Adobe Homemakers		2						
Silver Creek Homemakers	1				4			
Westside Homemakers								
Totals	4	2	2		5			

Simple Easy Desserts

12 homemakers from 6 communities attended the leader meeting on Simple Easy Desserts. Groups represented were Cochise, Sulphur Springs, Westside, Elfrida, Rucker Canyon and San Pedro Valley. Double Adobe and Silver Creek requested the subject matter material on this project. 91 copies each of the mimeos "Simple Easy Desserts" and "Easy Entertaining" were distributed. The meeting was conducted by the Agent.

Method of Procedure:

1. The project was presented by having the leaders prepare and serve an informal coffee, a semi-formal tea and a western buffet.
 - a. the leaders brought some of the dishes to the meeting & others were prepared at the meeting.

- b. at the meeting, the leaders were divided into groups and assigned the responsibility of preparing and serving the coffee, the tea or the buffet.

Results, Observations and Evaluations:

1. The homemakers seemed to enjoy "acting out" their assignments. They discussed the procedure they were following and why, and brought up many questions about the situation which might be handled in different circumstances.
2. 54 homemakers were present at the 6 leader presented meetings. Three other groups, Double Adobe, Silver Creek and Stewart distributed the mimeos at their meeting.
3. The final report of this project will be included in the Agent's 1957 report.

Bulletins and mimeos requested or taken from the office:

- 191 Salads Mimeo
- 192 Salads from Arizona Grown Foods
- 24 Salads Leaders Guides
- 23 Salads Market List
- 154 Simple Easy Desserts
- 152 Easy Entertaining
- 17 Leaders Outline,
- 68 Soups for All Occasions
- 54 Yeast Bread and Rolls
- 8 When You Bake With Yeast
- 7 Have Fun, Make Rolls
- 2 Pastry Desserts
- 2 Pastry
- 2 Homemade Bread and Cakes
- 1 Teas and Parties
- 1 Buffet Meals for Easy Entertaining
- 11 Egg Dishes For Any Meal
- 6 Family Fare
- 17 High Altitude Cakes
- 42 Chile Peppers, Fresh, Frozen, Canned, Dried
- 51 New Ways of Cooking Pinto Beans
- 1 Dry Beans, Peas, Lentils - Modern Cookery
- 3 Turkey on The Table the Year Round
- 2 Poultry Cookery
- 6 How to Carve Chicken and Turkey
- 13 Meat For Thrifty Meals
- 1 Beef Cookery Mimeo

- 1 Green Vegetables for Good Eating
- 1 Green Vegetables in Everyday Meals
- 1 Green Vegetables in Low Cost Meals
- 1 Root Vegetables in Everyday Meals
- 1 Potatoes in Popular Ways
- 9 Tomatoes on Your Table
- 8 Honey and Some of It's Uses
- 10 Ways With a Pressure Pan
- 27 Frozen Desserts
- 12 Packed Lunches That Please
- 12 Sour Cream, How to Prepare and Use it at Home
- 4 Peanut and Peanut Butter Recipes
- 4 Sweet Potato Recipes
- 5 Grapefruit Desserts
- 7 The Family Meal Hour
- 2 Meal Planning Made Easier
- 1 A Plan For Good Nutrition
- 9 A pattern for Meal Planning
- 2 Food For Families With School Children
- 7 Food For the Family With Young Children
- 4 National Food Guide
- 5 Pasteurization of Milk
- 1 How to Use Whole and Non Fat Dry Milk
- 1 Milk for the Family
- 58 Home Freezing of Fruits and Vegetables
- 17 Home Freezing - Doorway to Better Living
- 16 Freezing Combination Dishes
- 17 Freezing Combination Main Dishes
- 28 Freezing Meat and Poultry Products
- 7 Chicken in the Freezer
- 5 Making Velva Fruit at Home
- 5 What To Do When Your Freezer Stops
- 5 Pickles, Miss Virmond's Mimeo
- 15 Pickle and Relsih Recipes
- 1 Oven Drying of Foods
- 1 Preservation of Foods With Sugar
- 4 Homemade Jellies, Jams and Preserves
- 3 Home Canning of Fruits and Vegetables
- 1 Dates in Arizona
- 3 Pressure Canner Care and Use

1372 Total

HEALTH

There was no countywide project in this field in 1956. Quite a number of clubs have health talks at their regular meeting.

Bulletins and Mimeos requested or taken from the office:

- 5 Household Pest Control

FAMILY LIFE

There was no countywide project in this field in 1956.

The Fall Council meeting featured a talk by the juvenile probation officer on juvenile problems.

Bulletins and Mimeos requested or taken from the Office:

- 25 Your Child From 6 - 12
- 15 Your Child From 1 - 6
- 3 Adolescent in Your Family

COMMUNITY DEVELOPMENT

There was no countywide project in this field in 1956. Homemakers groups have many local programs, however. Some of these local projects are:

1. Contributing to drives (March of Dimes, Community Chest, etc.)
2. Raising money to send local 4-H'ers to Roundup.
3. Contributing equipment and supplies and rural schools.
4. Supporting the "Blood Bank."
5. Sending chairs and other items to the County Hospital and the Willcox Community Hospital.

Maryetta Gaskill
Home Agent Cochise County
1956

CIVIL DEFENSE

Wednesday, November 21, 1956

Haven Of Refuge

Willcox Plans Role In Tucson A-Blast

WILLCOX—Could Willcox play host to 200,000 people, if the need arose, immediately and indefinitely?

A town of slightly more than 1,800 citizenry, it's a small community, but it is a potential haven for residents of Tucson should enemy attack occur, or if an atomic cloud blotted out the sun.

Tucson, site of a Strategic Air Command base, is listed among the 93 potential targets in the United States.

THAT IS why Jack McConnell, assistant deputy director of civil defense in Tucson, was glad to accept the invitation of Edward Fleek, captain of the Willcox Civil Defense Sheriff Reserve, to speak here Saturday night.

It was the first such invitation the Tucson office of civil defense had received from any outlying town.

"We are touched," McConnell

told his audience meeting in the Youth Center.

While his city's populace exceeds 200,000, it is very hard to make people cognizant of the need for preparedness, McConnell said.

"VERY LITTLE money is allocated to civil defense and we don't even have a warning system. We'd be very fortunate to get a fraction of the residents out to safety.

"Keeping survival kits and blankets in your cars, laying in food supplies, all looks good on paper, but how few do it," McConnell said.

The things that Willcox has to offer include the Youth Center, conceivably converted to shelter or hospital use. Likewise the spacious school auditoriums and the large, by any city's standards, Willcox Woman's Club building.

WILLCOX WAS adjudged the best in the state for its mass feeding program conducted in the clubhouse three years ago. It was estimated that several thousand persons could be fed in a 24-hour period by the aid of outside kitchens in churches and at the Vets Club.

The first town in the nation to set up a complete mass feeding program in actual practice, it probably was the best-fed town in the nation for a time as organizations practiced on each other. Mrs. Maryetta Gaskill, county home agent, supervised the nourishing low-cost meals. The county sanitarian, George Griffin, aided too with healthful advice.

OUTLOOK AND RECOMMENDATIONS

At a local level the Agent will again meet with all groups to outline the county extension program and to help them plan activities for months not taken by the extension program.

These program planning meetings at a local level get homemaker's clubs started on the right foot. Groups which have a full program are happier and more active clubs. It also helps groups to understand and have more respect for their leaders and officers, their club and the Extension Service.

Extra efforts to secure leader's reports must be continued. The percentage of reports received from leaders in 1956 was less than in 1955 due mostly to the fact that the Agent was not as persistent in sending reminders to clubs which did not submit their reports on the due date.

Pre-program planning meetings can serve a vital purpose in Cochise County - that of training leaders to guide their homemakers in selecting a program satisfactory to the needs and interests of the majority. It is hoped that eventually this program can also include definite planning to meet the needs of special interest groups (such as tailoring, wood refinishing, etc.) and for the Council and local leaders to plan a more active role in such programs.

In 1955, Cochise County homemakers planned their countywide program for two years. The best pre-planning work was done in the clothing field and the program selected for this field has not needed revision while programs selected in the fields of home furnishings and home management, and foods and nutrition did require re-evaluation and revision. The homemakers favor planning their program for a period of more than one year.

The Agent recommends the following in this regard:

1. That program planning be done for a 3-year period in each project field.
 - a. That the clothing program be planned for a period of three years beginning in 1957.
 - b. That the home furnishings program be planned for a period of three years beginning in 1958.
 - c. That the foods program be planned for a period of three years beginning in 1959.
1. Extra specialist assistance is requested in this field for the purpose of promoting a good, basic program in foods and nutrition. The homemakers seem opposed to projects pertaining to meal planning, food values and generally speaking, anything that sounds like nutrition.

2. That major special interest projects be planned for at the some regular program planning is done.

During 1955 and 1956 the Agent attended homemakers meetings only to present a project and never as an observer or to assist the local leader. Attendance at leader's meetings was as high or higher than previously and only one club has expressed dissatisfaction with the fact that the Agent does not attend local meetings more often. As a result of this policy the Agent has been able to conduct more special interest meetings.

Efforts to organize, maintain, or re-establish homemaker groups in the Kansas Settlementm Bowie, and Elfrida areas will be continued in 1957.

Furnishings and Equipment

The 1957 program in this field will be "Color in The Home" and "Making Pillows". The first project will be presented to all clubs by the Agent; the second project will be presented by leaders after training meetings by The Home Furnishings Specialist.

Clothing

The 1956 projects will be "Tools for Sewing" and "Selecting designs, Patterns and Fabrics for Figure Types." The first will be presented by the Agent to all clubs and the latter through leader training meetings conducted by the Extension Clothing Dprcialist. The major special interest project in this field will be "Making Western Shirts."

Foods and Nutrition

The two projects in this field for 1957 will be "Making Bread" and "Making Rolls". Both will be presented thru leader training meetings; one meeting will be conducted by the Extension Specialist and the other by the Agent.

Community Development

Council sponsored activities in this field will be:

1. Keeping farm and home records
2. Securing First Aid and Home Nursing Classes
3. Securing Civil Defense Speakers

4-H Project Summary

80 members enrolled and 63 completed home economics projects. Completions increased 20% from 58.30% in 1954-55 to 78.75% in 1955-56. Home economics completions in 1953-54 were 79%. Once again incompletions were concentrated in clubs. Of the 17 home economics members who failed to complete, 7 were members of the Willcox Up and Comers, 6 were members of the San Simon Double S, 2 were members of the Elfrida Stitchers, and Palomar 4-H Club and Frontier Juniors each had one member who failed to complete.

Willcox and San Simon are new clubs with new leaders. Failure to keep records accounts for the majority of new leaders' incompletions, particularly in foods projects.

Written program plans are prepared by all home economics project groups.

Clothing

36 members enrolled and 28 completed clothing projects, making 76 articles and 52 garments.

Meal Planning and Preparation

54 members enrolled and 40 completed foods projects, preparing 1088 dishes and 258 meals.

Freezing

10 members enrolled and 7 completed freezing projects, freezing 743.5 quarts and 86 pounds of food.

Room Improvement

9 members enrolled and 8 completed room improvement projects, making 42 articles and improving 8 rooms.